



# 2009 UAB COMPREHENSIVE NURSING CONFERENCE

April 2-3, 2009

Pre-conference April 1, 2009

Up to 12.8 Contact hours for 2 day registration

8 contact hours for pre-conference

6 Conference Tracks

The Wynfrey Hotel

1000 Riverchase Galleria

Birmingham, AL 35244

# 2009 UAB Comprehensive Nursing Conference

**OBJECTIVES** – What’s in it for me? This conference offers participants a chance to:

- Explore opportunities for optimizing patient-care delivery in health care environments.
- Identify state-of-the-art interventions for selected acute-care patients.
- Identify treatments supported by evidence-based practice for selected acute-care patient populations.
- Examine the characteristics of leadership excellence, values, and current issues in health care delivery.

## CONTINUING EDUCATION CREDITS

Attend this conference and you can earn up to 12.8 continuing nursing education credits (excluding the optional pre-conference). Interested in topics outside your specialty? Feel free to mix and match your conference package. This conference will award up to 20.8 contact hours for full attendance at all three days (8 contact hours for the pre-conference day and 6.4 contact hours for each of the 2 conference days). Each participant will receive credit for the actual number of hours attended, allowing those who must arrive late and/or leave early to receive the correct number of contact hours.

UAB Medical Nursing CE is approved as a provider of continuing education by the Alabama Board of Nursing, provider number ABNP1337, expiration date June 12, 2010. UAB Medical Nursing CE is also approved as a provider of continuing education by the Alabama State Nurses Association (ASNA), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC), provider number 5-130, expiration date January 24, 2010.

## ACCOMMODATIONS

Where do I stay? Reservations are available at The Wynfrey Hotel at Riverchase Galleria. There is a special rate of \$ 135 single/double standard Wynfrey guestroom (additional \$10 charge per person assessed on any occupied room that exceeds double occupancy) for conference participants. Be sure to mention that you will be attending the 2009 UAB Comprehensive Nursing Conference to receive your discount. Call locally 205-987-1600 or call 1-800-996-3739. Go online at [www.wynfreyhotel.com](http://www.wynfreyhotel.com) for more details. Parking for a fee is available at the hotel and free parking is available at surrounding mall area. The Wynfrey Hotel is surrounded by 250 shops and 20 restaurants, including a spa.

## REGISTRATION

Registration fee includes session attendance, contact hour certificates, continental breakfast, and break refreshments. Lunch is on your own. Registration cannot be shared among participants. Registration postmarked or faxed after March 20, 2009 will be considered late and an “at the door” registration. Registration at the door is pending available space. Registration fee at the door will be payable by cash, money order, or institutional check only.

**REGISTRATION BY MAIL OR FAX:** (Payment must accompany registration)

**Complete registration form and fax to 205-975-6802 or mail form and complete payment to:**

2009 Comprehensive Nursing Conference  
UAB Hospital Medical Nursing CE Offering  
1813 6<sup>th</sup> Avenue South  
Medical Education Building, Suite 508  
Birmingham, AL 35249-6908

## CANCELLATION AND TRANSFER POLICY

Refunds, minus a \$25 administrative fee, will be issued for requests received in writing by March 20, 2009. Cancellations received **after** March 20, 2009 will forfeit all fees. Refunds will be issued following the conference. Registration Transfer – payment for this program **can** be transferred to another person without penalty. Please include a completed registration form for that person with your written registration transfer request.

## Pre-Conference - April 1, 2009

8:00 am – 8:30 am	<b>Registration</b>
8:30 am – 4:30 pm	<b>Workshop 1: <i>Creating a Healthy Workplace</i></b> <i>Conquering Negativity in the Workplace</i> , Sharon Yeldell, MSN, RN <i>Culture</i> , David James, MSN, RN <i>Horizontal Violence</i> , Deborah Walker, BSN, RN, MA, NE-BC <i>Working With Challenging Patients and Families</i> , Veronica Brown, MSN, RN, CRNP, CNS <b>Workshop 2: <i>Court is Now in Session! EBNP Mock Court</i></b> <b>Shannon Graham, MSN, RN, CNS, AOCN, and Jody White, MSN, RN</b> <i>Court Case #1</i> <i>How to Promote Evidence-Based Practice (EBP)</i> <i>Court Case #2</i> <i>Step by Step...Building EBP at Your Institution</i>

## Conference: April 2 – Day 1

7:30 am – 8:00 am	<b>Registration</b>
8:00 am – 8:15 am	<b>Welcome &amp; Announcements</b>
8:15 am – 9:15 am	<b>Opening Session: <i>Conquering Adversity</i>, Christopher Novak, Author &amp; Leadership Coach</b>
9:30 am – 10:20 am	<b>Concurrent Sessions (1-6)</b> <i>Dealing with Difficult Families</i> , Wendy Walters, LCSW, OSW-C – <b>CS</b> <i>Congenital Heart Defects: They're Not Just for Children Anymore</i> , William B. McMahon, MD – <b>CV</b> <i>End Points of Resuscitation: Are We Assessing the Right Parameters?</i> , Mary Sheree Jordan, MSN, RN, CCRN, CCNS (Edwards Rep) – <b>CC</b> <i>The Art of Leadership: The Challenge of Supervision</i> , Sharon Yeldell, MSN, RN - <b>LD</b> <i>The Benefits of Vitamin D</i> , Elizabeth M. Kitchin, MS, RD – <b>MED</b> <i>Care of the Burn Patient</i> , Monica Cooper, RN – <b>SUR</b>
10:20 am – 10:55 am	<b>Break &amp; Vendors &amp; Posters</b>
10:55 am – 11:45 am	<b>Concurrent Sessions (7-12)</b> <i>Positive Stress Management</i> , Andrea Jeans, RN, D. Min, BCC – <b>CS</b> <i>Chest Tube Management</i> , Mary Ann Degges, MSN, RN, CNS – <b>CV</b> <i>CTX-More than Black &amp; White</i> , Jennifer C. Fulton, MD – <b>CC</b> <i>Learning from the Sidelines: Leadership Lessons from Winning Coaches</i> , Jan Service, BS – <b>LD</b> <i>The Top Ten Things Your Older Patient Wants You to Know</i> , Linda Jones, MSN, RN, CRNP – <b>MED</b> <i>Personal Perspective of a Non-traditional Living Donor</i> , Christina Bryant, RN, PTC – <b>SUR</b>
11:45 am – 1:00 pm	<b>Lunch &amp; Vendors &amp; Posters</b>
1:00 pm – 1:50 pm	<b>Concurrent Sessions (13-18)</b> <i>Basic Cartooning for the Artistically Challenged Nurse</i> , Mike Artell, Author/illustrator – <b>CS</b> <i>Stroke Pathogenic Mechanisms: Identification &amp; Secondary Prevention</i> , Anne W. Alexandrov, PhD, RN, CCRN, FAAN – <b>CV</b> <i>The Management of ARDS in the ICU</i> , Jennifer C. Fulton, MD – <b>CC</b> <i>Beyond Conquering Adversity</i> , Christopher Novak, Author/Leadership Coach – <b>LD</b> <i>Resuscitation: More than Rapid Response</i> , Mike Moran, MSN, RN, APRN-BC, NE-BC – <b>MED</b> <i>Ethical Issues in Transplantation</i> , Deb McGrew, RN – <b>SUR</b>
2:05 pm – 2:55 pm	<b>Concurrent Sessions (19-24)</b> <i>Are You at Risk for a GYN Cancer?</i> James Tommy Kendrick, MD – <b>CS</b> <i>Patient Care Prior to and Following the Procedure</i> , Rose Mary Bubien, MSN, RN, FAHA, FHRS – <b>CV</b> <i>Sedation in the ICU</i> , David H. James, MSN, RN, CCRN, CCNS – <b>CC</b> <i>Ethical Issues in an Era of Health Care Reform</i> , Pamela Autrey, PhD, MBA, MSN, RN – <b>LD</b> <i>Update on Infection Control and Prevention</i> , Sharon Thompson, Director of Infection Control, ADPH – <b>MED</b> <i>HIV and Renal Transplantation</i> , Mary Prendergast, MD – <b>SUR</b>
2:55 pm – 3:25 pm	<b>Breaks &amp; Vendors &amp; Posters</b>
3:25 pm – 4:25 pm	<b>General Session – <i>You Must be Kidding</i>, Mike Artell, Cartoonist &amp; Author/Illustrator</b>

CS – Caring for Self  
CV – Cardiovascular  
CC – Critical Care

LD – Leadership  
Med – Medical  
Sur – Surgical



## Conference: April 3 – Day 2

7:30 am – 8:00 am	<b>Registration</b>
8:00 am – 9:00 am	<b>General Session: <i>Leadership Secrets from Around the World</i>, Donna Wright, RN, MS, Creative Healthcare Mgmt, Inc</b>
9:15 am – 10:05 am	<b>Concurrent Sessions (25-30)</b> <i>The Healthy Aging Brain</i> , Judith A. Wilson, PHM-CNS – <b>CS</b> <i>Up and At 'em: A Mobility Protocol for Critical Care</i> , Michele L. Dye, MS, RN, CCRN, CCNS, ANP-BC – <b>CC</b> <i>Why Patients Come to the EP Lab</i> – Tom McEldry, MD – <b>CV</b> <i>Succession Planning</i> , Martha Dawson, MSN, RN, FACHE – <b>LD</b> <i>A Glimpse of Healthcare in Zambia</i> , Zipporah Krishnasami, MD, BSBME – <b>MED</b> <i>Respiratory Care for the Post Surgical Patient</i> , Nancy Rose, RT – <b>SUR</b>
10:05 am – 10:40 am	<b>Break &amp; Vendors &amp; Posters</b>
10:40 am – 11:30 am	<b>Concurrent Sessions (31-36)</b> <i>Essential Communication Skills</i> , Pam Morgan, MSN, RN, CRNP – <b>CS</b> <i>Sepsis in Medical ICU Patients: Management &amp; Hemodynamic Monitoring</i> , Joseph Barney, MD, FCCP – <b>CC</b> <i>Advances in Heart Failure</i> , Gail Butler Snell, MSN, RN, CRNP – <b>CV</b> <i>Creative Competency Assessment</i> , Donna Wright, RN, MS, Creative Healthcare Mgmt, Inc – <b>LD</b> <i>SUICIDE – You Can't Tell by Looking: A Guide to Suicide Risk Assessment</i> , Judith A. Wilson, PHM-CNS – <b>MED</b> <i>Caring for the Orthopedic Post Operative Patient</i> , Brad Culotta, MD – <b>SUR</b>
11:30 am – 12:45 pm	<b>Lunch &amp; Vendors &amp; Posters</b>
12:45 pm – 1:35 pm	<b>Concurrent Sessions (37-42)</b> <i>Caring is Reciprocal</i> , Jody White, MSN, RN – <b>CS</b> <i>Evolution of Continuous Renal Replacement Therapy (CRRT) Protocol at UAB</i> , Rajesh Speer, MS, Pharm D – <b>CC</b> <i>Transcatheter Closure of ASD and PFO Defects</i> , Vijay K. Misra, MD – <b>CV</b> <i>Humor in the Workplace</i> , Jenny Nolen-Marko, LSCW – <b>LD</b> <i>A Refresher on Fluids and Electrolytes</i> , Tracy Norton, BSN, CCRN, CMC, CSC – <b>MED</b> <i>Abdominal Pain in the Pre and Post Operative Patient</i> , Marcia Underwood, MSN, RN, CRNP – <b>SUR</b>
1:50 pm – 2:40 pm	<b>Concurrent Sessions (43-48)</b> <i>It's About Time: Your Body on Exercise!</i> Chris Schumann, MS, CES, RCEP – <b>CS</b> <i>Insulin Therapy in the ICU: Are We Doing Enough?</i> Peter Powell, RN & David H. James, MSN, RN, CCRN, CCNS – <b>CC</b> <i>Transcatheter Valve Therapy of Aortic and Mitral Valve Disease</i> , Vijay K. Misra, MD – <b>CV</b> <i>Recruitment &amp; Retention</i> , Panel Discussion – <b>LD</b> <i>Pulmonary Fibrosis</i> , Joao DeAndrade, MD – <b>MED</b> <i>Anticoagulation: Focus on Monitoring and Safety</i> , Vicki Pritchett, Pharm D – <b>SUR</b>
2:40 pm – 3:00 pm	<b>Break &amp; Vendors &amp; Posters</b>
3:00 pm – 4:00 pm	<b>Closing Session: <i>The 7 L's of Leadership</i>, Jenny Nolen-Marko, LSCW</b>

CS – Caring for Self  
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CC – Critical Care  
LD – Leadership  
Med – Medical  
Sur – Surgical

## Call for Poster Presenters

Send poster presentation abstracts to Shannon Graham at [sgraham@uabmc.edu](mailto:sgraham@uabmc.edu)  
Abstract submissions must be turned in by **March 6, 2009**

1 page – 1 inch margins – size 12 font

Word format

Title, objectives, & description in paragraph or outline format

Include name, credentials, place of employment, & position

NOTE: Poster presenters will be expected to register for the conference. One presenter per accepted poster will receive \$50.00 off the cost of the registration fee.

## REGISTRATION FORM

Please complete (PLEASE PRINT or TYPE) the registration form and return to: UAB Hospital Medical Nursing/CE Offering: 1813 6<sup>th</sup> Avenue So, Medical Education Building, Suite 508, Birmingham, Alabama 35249-6908 or Fax to (205) 975-6802. **Confirmation will be emailed or faxed to those who complete the registration form by March 20, 2009. Payment must accompany all registrations. For questions, call (205) 934-5227. Fax # (205) 975-6802. Attention: Bernadette Langford or Angela Wheeler.**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Job Title: \_\_\_\_\_

Nursing License # \_\_\_\_\_ (State \_\_\_\_\_) Fax Number: \_\_\_\_\_

**Important: Alabama Nurses bring nursing license to conference for contact hours—You must scan your license in a card reader.**

Home Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Business Phone: \_\_\_\_\_  
(If UAB, include department/unit)

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Payment Method: (check one)** (Make check/money order payable to UAB Hospital c/o 2009 Nursing Conference)

- ☐ VISA Card
- ☐ MasterCard
- ☐ Institutional Check
- ☐ Check/Money Order

Card Holder: \_\_\_\_\_ Card No.: \_\_\_\_\_ - \_\_\_\_\_  
(include 3-digit security verification code on back of card)

Expiration date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Registration:** Please check which date(s) you will be attending.

- April 1 ☐ Pre-Conference Registration fee \$150 (\$200 if received after March 13, 2009)
- April 2 ☐ One Day Registration fee \$175 (\$225 if received after March 13, 2009)
- April 3 ☐ One Day Registration fee \$175 (\$225 if received after March 13, 2009)
- April 2 & 3 ☐ Two Day Registration fee \$300 (\$350 if received after March 13, 2009)
- April 2 & 3 ☐ Group Registration of 3 or more, Two Day Registration fee \$275 (\$325 if received after March 13, 2009)
- ☐ YES! I am registering for the entire conference: pre-conference & the 2 full day sessions \$400 (\$450 if received after March 13, 2009)
- ☐ Group registration of 3 or more for the entire conference: pre-conference & the 2 full day sessions \$375 (\$425 if received after March 13, 2009)

\*\*\$50.00 off undergraduate school of nursing student with proof of current enrollment status

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**Concurrent Sessions:** Please indicate which concurrent sessions you are most likely to attend by filling in the session numbers.

1 time slot = 1 session number

Wednesday, April 1, 2009	Select either Workshop 1 or 2
Workshop 1 8:30 – 4:30	
Workshop 2 8:30 – 4:30	

Thursday, April 2, 2009	Select ONE Session # per time slot
9:30 – 10:20 Sessions 1 – 6	
10:55 – 11:45 Sessions 7 – 12	
1:00 – 1:50 Sessions 13 – 18	
2:05 – 2:55 Sessions 19 – 24	

Friday, April 3, 2009	Select ONE Session # per time slot
9:15 – 10:05 Sessions 25 – 30	
10:40 – 11:30 Sessions 31 – 36	
12:45 – 1:35 Sessions 37 – 42	
1:50 – 2:40 Sessions 43 – 48	

**UAB Health System**  
**2009 Comprehensive Nursing Conference**  
**UAB Hospital Medical Nursing**  
Medical Education Building, Suite 508  
1813 6<sup>th</sup> Ave South  
Birmingham, Alabama 35294-6908

**DATED MATERIAL PLEASE POST OR PASS TO INTERESTED INDIVIDUALS**



**If you have a disability and require assistance to facilitate your participation in this conference, please indicate your needs in writing.**

